



**Maharaja Surajmal Brij University**

**Bharatpur (Rajasthan)**

**Syllabus**

**Faculty of Social Science**


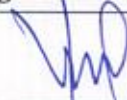
**Psychology**

**Academic Session 2024-25**

**Syllabus**  
**UG9101 - PSY-10T-301 Abnormal Psychology**  
**III-Semester Psychology**

Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
III	PSY-10T-301	Abnormal Psychology			6	4
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
200-299	Major	04	--	04	Yes	Lectures, including diagnostic and formative assessments
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		UG9101 - III-Semester - Psychology				
1. Objectives of the Course:		<ol style="list-style-type: none"> <li>1. To understand the meaning and indicators of abnormality.</li> <li>2. To attain the concept of classification systems of mental disorders and to provide information about Mental Health Professionals.</li> <li>3. To learn about the risk factors and causes of abnormal behavior.</li> <li>4. To gain an understanding of the Diathesis-stress models and different perspectives of abnormality.</li> <li>5. To understand the nature, types, clinical picture, and causal factors related to various mental disorders.</li> </ol>				

**Detailed Syllabus**  
**PSY-10T-301 Abnormal Psychology**  
**Unit-I**

Signature of Dean	Signature of BoS Convenor	Signature Of DR (Academic-II)
		

**Dr. Farbat Singh**  
**Asstt. Registrar**  
**Acad.I**

## SEMESTER - III ABNORMAL PSYCHOLOGY

### Unit-I

**Introduction:** Concept of Abnormality and Normalcy; Mental Disorder: Definition and Meaning; Indicators of Abnormality; Latest DSM and ICD Classification Systems; Mental Health Professionals. (15 Lectures)

### Unit-II

**Causal Factors and Perspectives:** Risk Factors and Causes; Diathesis-Stress Models; Biological, Psychological and Social Perspectives. (15 Lectures)

### Unit-III

**Anxiety, Obsessive Compulsive, and Mood Disorders:** Types, Clinical Picture and Causal Factors; Suicide: Clinical Picture and Causal Pattern; Prevention and Intervention. (15 Lectures)

### Unit-IV

**Dissociative and Somatic Symptoms Disorders:** Types, Clinical Picture, and Causal Factors. Schizophrenia and other Psychotic Disorders: Types, Clinical Picture, and Causal Factors. (15 Lectures)

### Suggested Books and References –

1. Hooley, J.M., Butcher, J.N., Nock, M. K. & Mineka, S. (2019), *Abnormal Psychology*, Noida: Pearson India Education.
2. Oltmanns, T.F. & R.E. (2021), *Abnormal Psychology*, Noida: Pearson India Education.
3. Ray, W.J. (2020), *Abnormal Psychology*, New Delhi: Sage Publications.
4. Singh, A.K. (2017), *Abnormal Psychology*, New Delhi: Motilal Banarsidass.

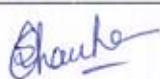
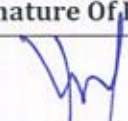
### Suggested E-resources –

- Online Lecture Notes and Course Materials:

### Course Learning Outcomes:

By the end of the course, students should be able to:

1. Develop an understanding of the meaning and nature of Psychological Disorders.
2. Understand the classification systems of Mental Disorders.
3. Analyze and understand the clinical picture, causal factors, and treatment of various Psychological Disorders.

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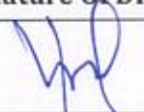


**UG9101 - PSY-10P-302 Psychology Lab-III**  
**III-Semester Psychology**

Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
III	PSY-10T-302	Psychology Lab-I			6	2
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
200-299	Major	--	02	02	Yes	60 hrs. of Laboratory experiments, testing and field study-including diagnostic and formative assessments.
List of Programme Codes in which Offered as Minor Discipline						
Prerequisites		UG9101 - III-Semester - Psychology				
1. Objectives of the Course:		<ol style="list-style-type: none"> <li>To understand the nature, significance and different methods of studying abnormal psychology</li> <li>To gain information about various measurement tools for stress, anxiety, depression, mood states and coping styles.</li> <li>To gain an understanding of risk factors related to suicide ideation</li> <li>To learn about the procedure and relevance of the Mental Status Examination</li> </ol>				

**PSY-10P-302 Psychology Lab-III**  
**III-Semester Psychology**

1. Assessment of Mental Health
2. Assessment of State and Trait Anxiety
3. Measurement of Academic Stress
4. Measurement of Coping-Styles
5. Eight-State Questionnaire
6. Measurement of Depression
7. Suicide Ideation Scale
8. Sentence Completion Test

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## Syllabus

UG9101 - PSY-10T-401 PHYSIOLOGICAL BASIS OF BEHAVIOUR

### IV-Semester Psychology

Semester	Code of the Course	Title of the Course/Paper			Credits	
IV	PSY-10T-401	Physiological Basis of Behaviour			4	
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
	Major	04	--	04	Yes	Lectures, including diagnostic and formative assessments
Prerequisites		III-Semester - Psychology				
1. Objectives of the Course:		<ol style="list-style-type: none"><li>To understand the nature and scope of biopsychology.</li><li>To get information about neurons and to explore the structure and function of the central and peripheral nervous system.</li><li>To learn about the methods of studying brain and behaviour.</li><li>To learn about the meaning, structure, function of endocrine system.</li></ol>				

## SEMESTER - IV

### PHYSIOLOGICAL BASIS OF BEHAVIOUR

#### Unit-I

**Introduction to Biopsychology:** Nature and Scope of Biopsychology (briefly explain what is Biopsychology and its application in Psychology).

#### Unit-II

**Neuron:** Structure and Function of Neurons, Neurotransmitter.

#### Unit-III

**Brain and Behaviour:** Methods (EEG, CT, MRI) CNS (Central Nervous System) and Behaviour, (Spinal Cord and Brain Function).

#### Unit-IV

**Endocrine System:** Endocrine Basis of Behaviour, Structure, Function and Abnormalities (Pituitary, Adrenal, Thyroid, Gonads).

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### Suggested Books and References –

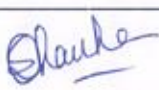

1. Carlson, N.R. (2009), *Foundations of Physiological Psychology* (6<sup>th</sup> ed.), New Delhi: Pearson Education, (Latest ed., pp 26-59, PP. 62-92).
2. Levinthal, C.F. (1983), *Introduction to Physiological Psychology*, New Delhi.
3. Khosla, M. (2017), *Physiological Psychology: An Introduction*, Delhi: Sage Texts.
4. Pinel, J.P.J. (2016), *Biopsychology* (9<sup>th</sup> ed.) New Delhi: Pearson Education.
5. सिंह, अरुण कुमार व सिंह, आशीष कुमार (2017) *आधुनिक सामान्य मनोविज्ञान*, नई दिल्ली: मोतीलाल बनारसीदास।

### Suggested E-resources –

- Online Lecture Notes and Course Materials:

### Course Learning Outcomes:

1. To understand the nature and scope of biopsychology and its applications in psychology.
2. To learning the structure and function of Neuron and importance of action potential and synaptic activity,
3. To become aware of the methods to study the brain and its role in behaviour.
4. To learn how endocrine glands mediate behaviour.

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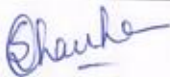



**UG9101 - PSY-10P-402 Psychology Lab-IV**  
**IV-Semester Psychology**

Semester	Code of the Course	Title of the Course/Paper			NHEQF Level	Credits
IV	PSY-10T-402	Psychology Lab-IV			6	2
Level of Course	Type of the Course	Credit Distribution			Offered to NC Student	Course Delivery Method
		Theory	Practical	Total		
200-299	Major	--	02	02	Yes	60 hrs. of Laboratory experiments, testing and field study-including diagnostic and formative assessments.
Prerequisites		UG9101 - III-Semester - Psychology				
1. Objectives of the Course:		1. To understand the nature, significance and different methods of studying Physiological Psychology 2. To gain information about various methods of Physiological Psychology.. 3. To learn about the procedure and relevance of Physiology (biopsychology) and behaviour.				

**PSY-10T-402 Psychology Lab-IV**

1. Step of Case Study Method
2. Interview Method
3. Measurement of Intelligence
4. Problem Solving
5. Span of Attention
6. Write a Note on EEG. CT, MRI

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