

# MAHARAJA SURAJMAL BRIJ UNIVERSITY, BHARATPUR

**SYLLABUS** 

M.A. PSYCHOLOGY (P &F)
M.Z.
(ANNUAL SCHEME)

अकादिमक प्रभारी महाराजा सूरजमल बृज विश्वविद्यालय भरतपुर (राज.)

# M.A./ M.Sc. PSYCHOLOGY

# NOTE -

1- There will be five Papers in Psychology. It will be common for Arts and Science. Each paper will be of 3 hours and would contain the entire course content of the paper.

2- The paper will contain nine questions, in each section. The candidates are required to attempt five questions in all selecting at least one question from each section. All questions carry equal marks.

3- Each paper will be of 100 marks.

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# DEPARTMENT OF PSYCHOLOGY

# SYLLABUS

# M.A./M.Sc. Psychology (Annual Scheme)

1. M.A. / M.Sc. Previous (Annual Scheme)

Paper-I:

Systems and Theories of Psychology

Paper-II:

Cognitive Psychology

Paper-III:

Physiological Psychology Statistics and Research Methods

Paper-IV: Paper-V:

Practicals/Experiments

2. M.A. / M.Sc. Final (Annual Scheme)

Compulsory Papers (Two):

Paper-I:

Applications of Psychology

Paper-II:

Social Psychology

Optional Papers (Two)

Group-A: CLINICAL

Paper-III:

Fundamentals of Clinical Psychology

Paper-IV:

Personality

OR

Thesis

Paper-V:

Practical/ Testing

Group-B:

VOCATIONAL

Paper-III:

Guidance and counselling.

Paper-IV:

Vocational Psychology

OR

Thesis

Paper-V:

Practical/ Testing

Group-C:

INDUSTRIAL

Paper-III:

Industrial Psychology

Paper-IV:

Organizational Psychology

OR

Thesis

Paper-V:

Practical/ Testing

Group-D:

ENVIRONMENTAL

Paper-III:

Ecological Psychology

Paper-IV:

Population Psychology

OR

Thesis

Paper-V:

Practical/ Testing

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# M.A./ M.Sc. Previous (Annual Scheme)

# Paper-I:

# Systems and Theories of Psychology

# Section-A

- Psychological Foundations: Pre-scientific Psychology; Wundt, Helmholtz, Weber, Fechner, Galton, Binet, William James, Ebbinghaus.
- 2. Structuralism and Functionalism: Tichener, William James, Galton and Cattell.
- 3. Gestalt Psychology: Wertheimer, Kohler and Koffka.

# Section-B

- Psycho-analysis: Freud, Jung and Adler.
- Post Psycho-analysis: Horney, Fromm, Sullivan and Erikson.
- Humanistic Psychology: Maslow and Rogers.

#### Section-C.

- Behaviourism: Watson, Hebb, Lashley and Paylov.
- 8. Neo-Behaviourism: Guthrie, Hull, Skinner and Tolman
- Dynamic and Cognitive Psychology: Mc Dougall and Woodworth; Piaget and Chomsky.

#### Books Recommended:

- Wolman, B.B. (1960): Contemporary theories and systems of Psychology, Harper and Bors, N.Y.
- Woodworth, R.S. and Shehon, M.R. (1974): Contemporary Schools of Psychology Roand Press, N.Y.
- Schultz, D. (1975): A History of Modern Psychology, Academic Press, N.Y.

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4.

- Heidbreder, E. (1933): Seven Psychologies, Appleton Century Crofts.
- Hunter, R. and Macalpine, I. (1970): Three Hundred Years of Psychology Oxford.
   Univ. Press.
- Fadiman, J. and Frager R. (1976): Personality and Personal Growth, Harper and Row, N.Y.

# Paper-II:

# Cognitive Psychology

#### Section-A

- Cognition: Concept, Domains and Interdisciplinary Perspective. Research Methods and Tools in Cognitive Psychology.
- Cognitive Development: Theoretical Perspectives: Piaget and Vygotsky.
   Neurocognitve Development: Early Neural Development, Environment and lateralization Studies.
- Consciousness Definition, Levels and Functions; Theories: Schachter's DICE Model and Baar's Global Workspace Theory.

# Section-B

- Attention: Nature, Functions and Information Processing Theories.
- Perception : Meaning; Visual Perception-Top down and Bottom up Processing;
   Models of Visual Recognition.
- 6. Knowledge Representation and Organization: Meaning and Role of Knowledge. Nature, Criteria, and Formats for Representation. Category Knowledge- Inferential. Power and Multimodal Nature. Structures in Category Knowledge-Exemplars and Rules, Prototypes and Typicality, Background Knowledge.

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# Section-C

- Language Basic Principles, Speech and Spoken Word Recognition, Reading and Visual word recognition, Syntax and Semantics, Language Production.
- Executive Processes Definition, Executive Attention, Switching Attention, Inhibition of Response, Sequencing and Monitoring.
- 9. Problem Solving, Reasoning and Decision Making: Nature and Structure of Problem, Problem Space Theory, Strategies and Heuristics. Analogical Reasoning: Subprocesses and Theories; Inductive Reasoning: Nature, General and Specific Inductions; Deductive Reasoning: Nature, Syllogism-Categorical and Conditional. Nature of Decision, Expected Utility Model, Framing Effects and Prospect Theory.

# Books Recommended:

- Reigler, G.R. and Reigler, B.R. (2008). Cognitive psychology. New Delhi: Pearson education.
- Solso, R.L. (2004). Cognitive psychology. New Delhi: Pearson education.
- Srinivasan, N. Kar, B.R. and Panday J. (2010). Advances in cognitive sciences. New Delhi; Sage.
- Sternberg, R.J. (2007). Cognitive psychology. New Delhi. Cengage learning.
- Smith, E.E. & Kosslyn, S.M.(2011) Cognitive Psychology: Mind and Brain, PHI Learning

# Paper-III:

Physiological Psychology

#### Section-A

 Physiological basis of Behaviour: Central Nervous System, Peripheral Nervous System; Brain: Structure and Functions over the Life Span; Evolution, Maldevelopment and Behaviour Impairment; Aging and Brain.

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 Information Processing and Nervous System: Information Processing by Neural Circuits; Mechanisms of Excitation and Inhibition; Synaptic Potential, Brain Potentials and Information Processing.

# Section-B

- Control of Behaviour and Motivation, Homeostatic Mechanisms, Eating and Drinking.
- 4. Brain Mechanisms and Emotion.
- 5. Neural Mechanisms of Learning and Memory.

# Section-C

- Physiological and Neurobiological Aspects of Sleep and Waking.
- Hormones and Behaviour: Effects of Hormones on Learning and Memory.
- 8. Brain Impairment and Language Disorders.

# Books Recommended:

- Leventhal, C.F. (1983): Introduction to Physiological Psychology, Prentice Hall, N.J.
- Rosenzweig, M.R. and Leiman, A.R. (1982): Physiological Psy., D.C. Health and Co. Laxinton.
- Morgan, C.T. (1965); Physiological Psy, McGraw Hill, Kogakusha, Tokyo.
- Schartz, M. (1978): Physiological Psy, Prentice Hall, N.J.
- Grossman, S.P. (1967): A Textbook of Physiological Psy., Wiley, New York.
- Thompson, R.F. (1980) Introduction to Physiological Psy., Harper and Row, New York.
- त्रिपाठी, बनारसीदास एवं त्रिपाठी, अनुपमनाथ (1989) : आधुनिक दैहिक मनोविज्ञान,
   वैशाली प्रकाशन बख्शीपुर, गोरखपुर.

अकादमिक प्रभारी

# Paper-IV:

# Statistics and Research Methodology

#### Section-A

- Cumulative Distribution, Graphic Methods and Percentiles; Normal Distribution:
   Nature of Normal Curve, Measuring Divergence from Normality, Applications of Normal Probability Curve.
- Correlation: Product Moment Correlation, Biserial, Point Biserial, Partial Correlation and Multiple Correlation, Regression and Prediction Analysis.
- Significance of Mean, Difference between Means and other Statistics Mean, Standard Deviation, Percentage and Correlation Coefficient. Testing Experimental Hypothesis - Chi-Square Test.

#### Section-B

- Analysis of Variance: One Way and Two Way, General Uses and Limitations of Analysis of Variance.
- Difference between Parametric and Non-Parametric Tests: Sign Test, Wilcoxon Matched Pairs Sign - Ranks Test; Median Test; Mann - Whitney U Test; Kendall Coefficient of Concordance; Friedman Two Way Analysis of Variance by Ranks.
- The Language and Approach of Science: Science and Scientific Approach, Problem and Hypothesis, Constructs, Variables and Definitions.

#### Section-C.

- Designs of Research: Research Design: Meaning, Purposes and Pfinciples, Research
  Design and Applications; Randomized Groups and Correlated Groups Design.
- Types of Research : Ex-Post Facto Research, Laboratory Experiment, Field Experiments, Field Studies, Survey Research.
- Methods of Data Collection : Interview Schedules; Semantic Differential Methodology, Sociometry.

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#### Books Recommended:

- Garrett, H.E.: Statistics in Physiology and Education, Mumbai, VakitFeffer and Simous Pvt. Ltd.
- Guilford: J.P.: Fundamental Statistics in Psychology and Education, New York,
   McGraw Hill (Assian Students' Edition)
- Siegel, S.: Nonparametric Statistics for the Behavioural Sciences, New York,
   McGraw Hill (International Students' Edition)
- Kerlinger, F.N.: Foundations of Behavioural Research, IInd Edition, Holt Rinehart and Winston. Inc., New York. 1973.
- Edward, A.L.: Experimental Design in Physiological Research Third Edition, Amerind Publishing Co. Ltd., Delhi, 1971.
- Mohsin, S.M.: Research Methods in Behavioural Sciences, Orient Longman Ltd.

# Paper-V:

# Practicals/ Experiments

- Incidental V/s Intentional Learning.
- Problem solving
- Spiral Effect
- 4. Signal Detection
- Verbal Learning- Intraserial
- 6. Knee jerk conditioning
- Set in Thinking
- 8. S.T.M.

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- 9. G.S.R.
- 10. Depth perception
- 11. Zeigarnik Effect
- 12. Effect of knowledge of Results of performance
- 13. Psycho-physical Experiments on RL and DL
- 14. Semantic Differential
- 15. Need Hierarchy by Ranking Method
- Spread of Effect
- 17. Critical Flicker Fusion
- 18. Figural After Effect

# Books Recommended:

- Woodworth, R.S. and Schlosberg, H. (1975): Experimental Psychology, Revised edition, Oxford and IBH Publishing Co., Kolkata.
- Postman, L. and Egan, J.P. (1949): Experimental Psychology: An Introduction, Indian Reprint, Kalyani Publishers, Ludhiana.
- Langfield, H.S. (Ed.) (1951): Handbook of Experimental Psychology, Wiley.
- Munn, N.L. (1948): A Laboratory Manual in General Experimental Psychology, Houghton Col, Boston.
- Garrett, H.E.: Great Experiments in Psychology, New York, Appleton Century Crofts.
- Spatz, C. (1970): Laboratory Manual for Experimental Psychology, Appleton Century, N.Y.

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# M.A./M.Sc. Final (Annual Scheme)

# Compulsory Papers (Two)

Paper-I:

Applications of Psychology

# Section-A

- Introduction: The Trends towards Applications. Meeting Society's Needs; Making Psychology Relevant.
- Research Methods Used In Applied Settings: Designing Research, Multiple Variable
  Designs; Correlational Designs. Single Case and Small N Designs. Process Analysis;
  Critical Incident Techniques. Analysis of Results.
- Psychology and Education: Role of Psychologists in School System; Measurement and Evaluation; Educational Technology, Behaviour Modifications in the Class Room.

#### Section-B

- Psychology of Counselling and Career development: Types of counselling; Uses of
  Psychological Tests in Counselling; Evaluating the effectiveness of Counselling
  Occupation as a way of Life; Classifications of Occupations, Career Decisions and
  Development.
- Psychology in Industrial settings and Business; Role of Industrial and Organizational Psychologists; Job Activities, Work Settings; Personnel Psychology; Organizational Development, Engineering Psychology, Types of Design Decisions.
- Consumer Psychology: Nature and Functions, Consumer Inputs; Information Reception; Memory Systems; Consumer Decision-making; Personal Factors.

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# Section-C

- Psychology in Community Settings: Clinical Psychology-Clinical Practice, Appraisal and Interventional Procedures, Community Psychology-Principles and Methods of Community Intervention, Crisis Intervention, Consultation and Mental Health Education, Health Psychology-Psychology in Medical Practices, Psychology in Health Research and Behaviour Medicine.
- Environmental Psychology: Nature of Environmental Psychology, Effect of Environmental Conditions on Behaviour, Human Factors in Environmental Design.
- Psychology and Law: Psychology and Judicial Process, Psychological Factors in Antisocial Behaviour, Role of Psychologists in Criminal Justice System, Policy Formation and Development of Laws.

#### Books Recommended:

- Gregory, W.L. and Burroughs, W.J.: Introduction to Applied Psychology, Illinois Scott, Foresman and Co.
- Anastasi, Anne. (1979): Fields of Applied Psychology, International student edition (2<sup>nd</sup> Ed.), Tokyo, McGraw Hill, Kotakusha.
- Korchin, S.J. (1976): Modern Clinical Psychology, Basic Box Inc. Publishers, New York.
- रस्तोगी, घनश्यामदास (1992) : आधुनिक व्यवहारिक मनोविज्ञान, हरप्रासाद भार्गव,
   आगरा.

Paper-II:

# Social Psychology

#### Section-A

 Theoretical Orientation Of Social Psychology, Social Psychology As A Science, Application Of Social Psychology, Methods Of Social Psychology.

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- Aspects Of Social Identity-Self Perception, Self Concept, Self Esteem, Functions Of Self, Self And Gender, Gender Identity.
- 3. Socialization- Agents Of Socialization, Process And Outcome Of Socialization.

### Section-B

- Person Perception Meaning, Attribution Process, Importance of Non-Verbal Communication, Non-Verbal Leakages, Judgment of Deception
- Attitudes and Prejudices-Meaning and Theories of Attitude Change, Origin of Prejudices, Cognitive Basis of Prejudice, Techniques to Control Prejudice
- 6. Social Influence Conformity, Nature and Characteristics of Conformity, Counter Conformity and Independence, Factors Effecting Conformity, Theories of Conformity, Compliance Meaning and Nature of Compliance, Principles of Compliance. Obedience Basis of Obedience, Experimental Studies of Obedience.

#### Section-C

- Aggression and Social Violence Theoretical Approaches to Aggression, Meaning,
   Sources and Behaviours Related to Aggression, Aggression Management.
- Inter Group Conflict Development and Persistence of Intergroup Conflict, Impact of Inter Group Conflict, Resolution of Intergroup Conflict.
- Personal Relationship Family Interaction and Close Relationship, Romantic Relationship, Love and Physical Intimacy, Marital Relationship, Interdependence, Self Disclosure, Intimacy, Balance of Power and Conflict, Darker Side of Relationship and Aging.

# Books Recommended:

- Robert A Baron, Donna Byrne Social Psychology 11<sup>th</sup> edition Pearson education.
- Shelly E. Taylor, Letia, Annepeplace. David, O Sears Social Psychology 12<sup>th</sup> edition Pearson education.
- Mohammed Suleiman Ucchatar Samaj Manovigyan, Delhi, Motilal Banarsi Das.

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- Arun Kumar Singh Samaj Manovigyan Ki Rooprekha, Delhi, Motilal Banarsi Das.
- Delamater Myers Social Psychology Thompson edition.

# Optional Papers (Two)

GROUP-A: CLINICAL

Paper-III:

Fundamentals of Clinical Psychology

### Section-A

- Nature and Problems of Clinical Psychology: Brief History of Clinical Psychology; Current Status of Clinical Psychology. Role of Clinical Psychologist, Professional Ethics, Training Responsibilities of Clinical Psychologists, Future of Clinical Psychology.
- Nature of Mental Health: Concepts of Normality and Pathology, Scott Criteria, Idealistic Conception of Mental Health, Models of Mental Health Interventions.
- Clinical Assessment: Nature and Purpose Informal Assessment and Clinical Relationship, Formal Assessment - Interview, Case History, Psychological Testing: General Principles and Tests in Clinical Use.

### Section-B

- Psychotherapies: Definitions, Differences from Counselling, Supportive, Re-Educative and Re-Constructive Psychotherapies.
- Client-Centredpsycho Therapy, Logotherapy, Cognitive Therapy, Gastalt Psychotherapy.
- Psycho-Analytic Psychotherapy, Hypnotherapy, Psychodrama, Group Psychotherapy and Transactional Analysis.

# Section-C

 Behaviour Therapy and Behaviour Modification: Definition, Origins, Comparison of Traditional Psychotherapy and Behaviour Therapy, Assumptions.

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- Systematic Desensitization, Variants of Systematic Desensitization, Flooding and Implosive Therapy.
- Contingency Management, Token Economy, Aversion Therapy, Modeling and Self-Control Method.

# Books Recommended:

- Korchin, S.J. (1976): Modern Clinical 'Psychology Tokyo, Harper International Edition.
- Wolman (1965): Handbook of Clinical Psychology, New York, McGraw Hill.
- Kendall and Norton-Ford (1980): Modern Clinical Psychology, New York, Wiley.
- Kaplan H.I. and Sadock, B.J.: Comprehensive Text Book of Psychiatry (5<sup>th</sup> Ed.)
   Baltmors, Williams and Wilkins.
- Welberg, L.R. (1988) Techniques of Psychotherapy, 1989 (4<sup>th</sup>ed.) Vol. I and II, New York, Grune and Stration.
- Wope, J. and Lazarus A. (1958): Behaviour Therapy Techniques, New York, Perganon Press.
- Rimm, D.C. and Masters, J.S. (1979): Behaviour Therapy, New York, Academic Press.
- Wolpe, J. (1969): The Practice of Behaviour Therapy, New York.
- Patterson, C.H. (1989): Theories of Counselling and Psychotherapy, New York, Harper and Row.

Paper-IV:

#### Personality

#### Section-A

Nature of Personality, Basic Issues of Personality: Individual Versus Individual
Differences, Heredity Versus Environment, Abnormal Vs. Normal Personality,

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Unconscious, Self, Uniqueness, Gender, Situations, Culture, Self Concept, Self Identity and Self Esteem.

- Psycho-social and Cultural Determinants of Personality.
- Stress, Adjustment and Health Differences, Cultural and Ethnic Differences, Gender Differences in Personality from Eight Perspectives.

#### Section-B

- Personality Assessment: Observational Method, Interview, Self Report Tests, Rating Scales, Q Sort Technique, Semantic Differential Technique.
- Personality Inventories: MMPI, 16 PF, EPQ, Jenkin's Type-A and Type-B.
- Projective Techniques: Rorschach Test, TAT, SCT, WAT and other Projective Measures.

#### Section-C

- Psycho Analytic Theory: Freud, Jung, Personality Theories by Adler, Horney, Fromm and Sullivan.
- Humanistic Theories: Rogers, Maslow, S.R. Theories: Dollard and Miller, Bandura's Reinforcement Theory.
- Trait and Type Theories: Allport, Cattell, Eysenck, and McCrae and Costa.

# Books Recommended:

- Hall and Lindzey: Theories of Personality, John Wiley, New York (the latest edition).
- Friedman, H.S. and Schustack, M.W.: Personality (2006), Person Education.
- Anastasi, A., Psychological Measurement and Assessment.
- The matter of Section-B may be taken from the manuals available.

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# OR

# THESIS

# Paper-V:

# Practical/ Testing

- 1. Differential Aptitude Test
- 2. Study of consumer Behariour
- 3. Educational Aspirations
- .4. Studý of Home Environment
- 5. Social Perception
- 6. Leadership
- 7. Attribution style
- 8. Picture Frustration Test
- Assessment of Mental Health.
- 10. MMPI
- 11. Crisis Intervention
- 12. Modifying Maladaptive Behaviour through any Behaviour Modification Technique
- 13. Rorschach Test
- 14. TAT
- 15. EPI
- 16. 16 PF

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Paper-III:

Guidance and Counselling

### Section-A

- Meaning and Definition of Guidance, Aims and Importance of Guidance, Basic Principles of Guidance, Types of Guidance, Group Guidance.
- Psychological Bases of Guidance: Intelligence, Aptitude, Interest, Personality.
- Organization of Guidance Services, Follow-up Services in Guidance, Evaluation of Guidance Services.

# Section-B

- Guidance Services in Schools: Importance, Scope and Problems, Educational and Vocational Guidance.
- Techniques of Collecting Information about the Individual for Guidance and Counselling.
- Sources of Occupational Information.

# Section-C

- Approaches and techniques of Counselling, Expectancy and Goals of Counselling.
- Characteristics of the Counselee and Counselor.
- Counselling Content, Process and Behavioural Counselling.

# Books Recommended:

- Paterson: Theories of Counselling and Psychotherapy, (Harper 1989)
- Frusten, J.M.: Psychological Counselling in India, Mumbai: McMillon.
- Bordin, E.S. (1968): Psychological Counselling, IInd Edition, McGraw Hill.

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- Ospiow, S.M. and Walshow: Behaviour Change in Counselling Readings.
- Adams. J.F.: Problems in Counselling.
- Jones, A.J. (1970): Principle of Guidance, Sixth ed., McGraw Hill, New York.
- Mayers, G.E.: Principles and Techniques of Vocational Guidance, McGraw Hill, New York.
- Humphereys, H.A. and Traxler Q.E. (1954): Guidance Services, Science Research Associates, Chicago.
- Rao, S.N. (1992): Counselling Psychology, Tata McGraw Hill, New Delhi.
- Pesricha (1976): Guidance and Counselling in Indian Education, New Delhi,
   N.C.E.R.T.

# Paper-IV:

# Vocational Psychology

# Section-A

- Historical Antecedents of Vocational Psychology.
- Psychoanalytic Concept of Career Choice; Personality and Career.
- Social System and Career Choice; Choice Satisfaction and Performance of Work Roles.

#### Section-B

- 4. Definition of Vocational Choice, Measures of Vocational Choice, Individual differences in Vocational Choice.
- Problems in Vocational Choice: Indecision in Vocational Choices, Unrealism in Vocational Choice, Vocational Choice as a Developmental Process, Stages in Development of Vocational Choice.
- Vocational Adjustment: Vocational Adjustment in Relation to General Adjustment.



# Section-C

- Ginzber's Theory and its Limitations; Elements or Adequate Theory of Vocational Development Propounded by Super's Theory.
- Holland's Vocational Choice Theory, Roe's Theory: Early Determinants of Vocational Choice.
- Vocational Development: Staffers' Ten Propositions in Search of a Theory, Delarley and Hagennah's Theory.

# Books Recommended:

- Brites, J.D. (1968): Vocational Psychology: A study of Vocational Behaviour and Development, McGraw Hiss Book Co., New York.
- Gsipow (1968): Theories of Career Development N.Y. Appleton Century.
- Hopson, B. and Hayes J.: The Theory and Practice of Vocational Guidance.
- Vroora, Y.H. (1978): Work and Motivation, New Delhi, E. Willey Eastern Ltd.

OR

# THESIS

Paper-V:

Practical/ Testing

Section-A

- 1. Differential Aptitude Test
- 2. --- Study of Consumer-Behaviour-
- 3. Educational Aspirations
- 4. Study of Home Environment
- Social Perception
- 6. Leadership

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- 7. Attribution Style
- 8. Picture Frustration Test

# Section-B

- 9. Interview Schedule
- 10. Study Habit Testing
- 11. Clerical Aptitude Testing
- 12. Scientific Aptitude Test
- Work Motivation Test
- 14. Job Involvement Test
- Job Satisfaction Test
- 16. Work Aptitude Test.

# GROUP-C: INDUSTRIAL

# Paper-III:

# Industrial Psychology

# Section-A

- The role of psychologist in industry, The Field of Occupational Psychology: Study of Behaviour in work situation and Applications of Psychological Principles to Problems of Selection, Placement, Counselling and Training.
- Design of Work Environment:
  - (1) Human Engineering and Physical Environment Techniques of Job Analysis
  - (2) Social Environment-Group Dynamics in Industry
- 3. Personnel Psychology: Selection, Training, Placement, Promotion, Counselling, Job Motivation.

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# Section-B

- Special Study of Problem of Fatigue, Boredom and Accidents.
- 5. Consumer Behaviour, Study of Consumer Preferences, Effects of Advertising
- Industrial Morale.
- 7. The Nature and Scope of Engineering Psychology, its Application to Industry.

# Section-C

- 8. Efficiency at Work: The Concept of Efficiency, Work Curve, its Characteristics.
  - (a) Work Methods; Hours of Work, Nature of Work, Fatigue and Boredom, Rest Pauses
  - (b) Personal Factors; Age Abilities, Interest, Job-satisfaction,
  - (c) Working Environment: Noise, Illumination, Atmospheric Conditions.
- Increasing Efficiency at Work; Improving the Work Methods:
  - (a) Time and Motion Study, its Contribution and Failure; Resistance to Time and Motion Studies, Need for Allowance in Time and Motion Study.
  - (b) Work and Equipment Design: Criteria in Evaluation of Job-related Factors, Job Design, Human Factors, Engineering Information, Input Processes, Mediation Processes, Action Processes, Methods, Design, Work Space and Arrangement, Human Factors in Job Design.
- Accident and Safety: Human and Economic Costs of Accidents, Accident Record and Statistics, Causes of Accidents, Situational and Individual Factors related to Accident Reduction.

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# Books Recommended:

- Tiffin J. and McCormic E.J. (1975): Industrial Psychology, (Prentice Hall), 6th Ed.
- McCormick E.J. (1976): Human Factors Engineering and Design (McGraw Hill), 4thEd.
- Mair, N.R.F.: Principles of Human Relations
- Glimer: Industrial Psychology
- Ghiselli and Brown: Personnel and Industrial Psychology.
- Dunnette, M.D.: Handbook of Industrial and Organizational Psychology.
- Blum and Taylor: Industrial Psychology.

# Paper-IV:

# Organizational Psychology

#### Section-A

- Introduction: Roots of Organizational Psychology, Multidisciplinary Approach, 1. Theories: Classical, Neoclassical and Modern, Theory X, Theory Y, Theory Z.
- Organizational Structure: Herizontal and Vertical Systems Approach, Groups, Types, 2, Job Design.
- Communication in Organizations: Process, Models, Networks, Interpersonal, Intergroup and Intergroup Communications, Effective Communication Management, Informal Communication.

#### Section-B

- Decision-Making Process: Types, Characteristics, Organizational Decision-Making 4. System, Techniques for Improving Decision-Making, Behavioural Implications.
- Leadership: Researches: Classical and Modern, Power and Authority, Supervision 5. and Participating Management; Effective Leader Behaviour.

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- Organizational Culture and Climate: Concept, Measurement, Practical Applications
  of the Concept.
- Work Motivation and Performance: Need Theories, Models of Work Motivation, Managerial Motivation.

# Section-C

- Organizational Development: Organizational Change Processes, Approaches and Techniques, Transactional Analysis.
- Organizational Conflict: Conflict and its Measurement, Organizational Analysis,
   Diagnostic Approaches, Consultant's Role, Resolution Strategies.
- Organizational Stress: Stressors, Reactions to Stress, Stress Management.

# Books Recommended:

- Robbins: Organizational Behaviour.
- Schein, Edgar H. (1990): Organizational Psychology, Prentice Hall of India, N.D.
- Luthans, F. (1987): Organizational Behaviour, N.Y. McGraw Hill.
- Pareek, U. and Rao, T.V. (1981): Behavioural Process in Organizations, N.D. and Oxford.

OR

#### THESIS

Paper-V:

Practical/Testing

# Section-A

- Differential Aptitude Test
- 2. Study of Consumer Behaviour
- Educational Aspirations

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- 4. Home Environment
- 5. Social Perception
- 6. Leadership
- 7. Attribution Style
- 8. Picture Frustration Test

# Section-B

- 9. Study of Fatigue
- 10. Work Motivation Test
- Job Satisfaction Test
- 12. Study of Employee Morale
- Organizational Climate
- 14. Study of Needs (n-ach, n-power, n-aff), through TAT
- 15. Measurement of Occupational Stress
- 16. Interpersonal Trust Scale

# GROUP-D: ENVIRONMENTAL

# Paper-III:

# **Ecological Psychology**

# Section-A

- Introduction: Issues of Ecological Psychology, Models of Men-Environment Relations.
- Ecological Factors and Ethological Observations; Problems in Comparing Effects of Environmental Changes in Different Age Levels.



 Cognitive Development : Spatial Representations, Architectural Design and Behaviour Protection of Environment.

#### Section-B

- Child Development and Environment: Changes in response to Crowding and Congestion, Environment Fit for Developing Child, Thinking of Child in Additional Environment.
- Home Environment: Mother and Infant Communication System, Effect of Socio-Economic Conditions of Family.
- Adverse Social Environment: Effect on early Child Development, Causes of Psychiatric Disorders due to Ecological Factors.

# Section-C

- The Ecological Perspectives in Cross-Cultural Psychology, Relevance of Cross-Cultural Psychology in Ecological Perspectives.
- Personal Space and Territoriality: Situational and individual Determinants of Personal Space; Consequences of Size and Space, Consequences of Invasion of Space.
- Environmental Stress: Effect of Technology, Noise; Pollution, Crowding in Urban Ecology.

#### Books Recommended:

- McGurk, Harry (Ed.) (1978): Ecological Factors in Human Development, North Holland Publishing Company, Amsterdam, Oxford.
- Krasner, L. (Ed.) (1980): Environmental Design and Human Behaviour, Pergamon,
   Human Press, N.Y.
- Evans, G.W. (1982): Environmental Stress, Cambridge Press.
- Fisher, J.D. et al (1978): Environmental Psychology, N.Y., W.B. Saunders Col.

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Faul, A. et al (1978): Environmental Psychology, N.Y., W.B. Saunders Co.

# Paper-IV:

# Population Psychology

#### Section-A

- Introduction: Nature and Scope of Population Psychology, Concern for Population 1. Explosion, Models of Population Explosion.
- Impact of Population Growth, Role of Social and Behavioural Scientists in Population Control, Hindrances in Population Control.
- Effects of Population Density, Ethological and Psychological View Points. 3.

#### Section-B

- Psychology of Deprivation: Effects on Health, Food Supply, Employment, Housing, Migration, Urban Stress.
- Indicators of Fertility Cultural, Psychological, Economic and Geographical Factors. 5.
- Indicators of Morality: Life Expectancy, Factors of Morality. 6.

#### Section-C

- Population Planning: Inbreeding Imbalances, Ecological Pactors in Promoting 7. Population Control, Family Planning and Population Control, Motivation to Birth Control and Education for Population Control.
- Population Growth and Quality of Life: Notions of Q.O.L., Correlates of Q.O.L., 8. Productivity and Q.O.L. Effects of Population Growth on Q.O.L.
- Community Health System: Determinants Of Community Health and Societal Well-Being, Community Health in Industrial, Rural and Urban Settings, Influence of Social Support Systems on Well-Being, Methods to Enhance Psychological Well-Being.

Shauka

# Books Recommended:

- Reid, S.I. and Lyon, D.L. (1972): Population Crisis: Interdisciplinary Perspective, Illinois, Scott. Foreman.
- Agarwal, N. (1985): India's Population Problems (3<sup>rd</sup> ed.), New Delhi: Tata McGraw
   Hill.
- Rao, T.V: (1981): "Psychology of Population and Family Planning," in Udai Pareek's (Ed.) 'Survey of Research in Psychology', Vol. 2, Mumbai; Popular Prakashan.

OR

# THYSIS

Paper-V:

Practical/Testing

# Section-A

- 1. Differential Aptitude Test
- 2. Study of Consumer Behaviour
- 3. Educational Aspirations
- 4. Home Environment
- 5. Social Perception
- 6. Leadership
- 7. Attribution style
- 8. Picture Frustration Test

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# Section-B

- 9. Child Cognition Study
- 10. Parent Child Relation
- 11. Effects of crowding
- 12. Noise Sensitivity Scale
- 13. Attitudes toward Family Planning
  - 14. Emotional Problems Following Family Planning Methods
  - 15. Assessment of Life Satisfaction
  - 16. Modernization Attitude Scale.

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