

B.A. Pass Course Part-I

Session -2022- 23

PSHYCHOLOGY –**Scheme of Examination –**

Faculty	Max. Marks	Min. Passing Marks
Arts	200	72 (Th. 54 Pr. 18)

Paper	Nomenclature	Duration	Max. Marks
I	Basic Psychological Processes	3 Hrs.	75
II	Social Psychology	3 Hrs.	75
III	Practical	3 Hrs.	50


NOTE–

1. There will be three papers in Psychology. Each paper will be of 3 hours and would contain the entire course content of the paper.

Section A- will contain 10 questions of 20 words each. Each question will be of 1.5 marks. Thus, Part-A will be of 15 marks.

Section B – will contain 7 questions of 50 words each, out of which students are required to attempt 5 questions. Each question will be of 3 marks. Thus, Part-B will be of 15 marks .

Section C – will contain 3 long questions each with internal choice. Each question will be of 15 marks. Thus, Part-C will be of 45


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For clarification the distribution of marks is tabulated as below :

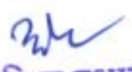
Section	No. of Questions	Marks	Total
A	10	1.5	15
B	5 (out of 7)	03	15
C	3 (with internal choice)	15	45
		Total Marks	75

Paper- I

Basic Psychological Processes –

Section – A

- 1. Introduction** – Definition and Goals of Psychology : History Structuralism, Functionalism, Behaviourism, Gestalt and Psychoanalysis; Modern Perspectives Biological, Psychodynamic, Behavioural, Cognitive, humanistic, Evolutionary and Socio cultural; Methods Observation, Case Study, Survey and Experimental.
- 2. Biological Basis of Behaviour** – The Nervous System – Structure and Functions of Neuron. Structure and Functions of Central nervous System and Peripheral Nervous System.
- 3. Sensation and Perception** : Sensation – Meaning, Sensory Receptors, Sensory Thresholds, Habituation and Sensory Adaption. Perception – Meaning, Constancies Size, Shape and Brightness, Gestalt Principles, Factors Influencing Perception.


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Section – B

4. **Learning : Definition and Theories** – Classical Conditioning, Operant Conditioning, Cognitive Learning, Observational Learning.
5. **Memory : Definition** : Encoding, Storage and Retrieval Processes; Models Level of Processing, Parallel Distributed Processing and Information Processing – Sensory, Short Term and Long Term Memory; Forgetting – Nature and Causes.
6. **Motivation and Emotion** : Meaning and Approaches – Instinct, Drive reduction, Arousal, Incentive and Humanistic. Emotion Elements : Physiology, Expression and Subjective Experience : Theories – Cannon – Bard, James – Lange, Schachter – Singer, Opponent – Process.

Section – C

7. **Cognition** – Thinking Mental Imagery and Concepts; Problem Solving, Trial and Error, Algorithms, Heuristics, Insight; Barriers to Problem Solving.
8. **Intelligence** – Definition and Theories – Spearman, Guilford, Cattell, Sternberg, Gardner; Meaning of IQ; Intelligence Tests.
9. **Personality** – Definition; Type Theories and Trait Theories – Allport, Cattell, McCrac and Costa; personality assessment – Self Inventories, Projective Test and Behavioural Assessment.

Books Recommended :

- Baron R.A. (2003) Psychology, Allyn and Bacon. New Delhi Prentice Hall India.
- Gerrig, R.J. and Zimbardo, P.G. (2005). Psychology and Life. New Delhi Pearson Education.
- Ciccarelli, S. K. and Meyer, G.E.(2006). Psychology. New Delhi, Pearson Education.
- सिंह, अरुण कुमार (2002): आधुनिक- सामान्य मनोविज्ञान, नई दिल्ली, मोतीलाल बनारसीदास


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Paper – II

Social Psychology

Section – A


1. **Introduction** : Meaning, Nature, Scope and Goals of Social Psychology. Methods of Social Psychology : Experimental and Non-experimental Methods.
2. **Social Perception and Person Perception** : Social Perception, Meaning and Nature; Perceptual Defense, Perceptual Accentuation and Subliminal Perception. Person Perception : Meaning and Nature, Role of Non-verbal Cues; Perceiver's Characteristics and Role of Ongoing Interaction.
3. **Attitudes** : Nature, Functions, Formation, Change and Measurement.

Section – B

4. **Prejudice and Discrimination**: Nature and Origin : Reduction of Prejudice and Discrimination.
5. **Interpersonal Attraction** : Proximity and Affective Basis, Acquaintance and Need to Affiliate; Effects of Observable Characteristics, Similarity and Mutual liking.
6. **Leadership**: Definition and Functions : Types of Leadership, Trait, Situational and Contingency Approaches.

Section – C

7. **Communication**: Meaning, Nature and Types: Verbal and non-verbal, barriers in Communication.
8. **Pro-Social Behaviour**: Personal, Situational and Socio-Cultural Determinants. Explaining Pro-Social Behaviour; EmParthy, Altruism Hypothesis, Negative-State Relief Model, EmParthic Joy Hypothesis and Genetic Determinism Model.
9. **Aggression and Social problems** : Aggression-Theories, Determinants, Prevention and Control; Social Problems – Meaning and Nature; Types of Social Problems Poverty, Deprivation, Population Explosion, Economic Development; Solutions of Social Problems.



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Books Recommended :

- Baron, R.A. and Byrne D. (1998): Social Psychology, New Delhi, Prentice Hall.
- Myers, David G (1994): Exploring Socia Psychology, New York; McGraw Hill.
- अरुण कुमार सिंह (2002) : समाज मनोविज्ञान की रूपरेखा मोतीलाल बनारसीदास, दिल्ली।

Paper – III**Practical –**

1. Human Maze Learning
2. Measurement of Intelligence (Performance Test)
3. Experiment of Memory (Meaningful and Non-sense syllabus through Memory Drum)
4. Measurement of Personality
5. Measurement of Attitude
6. Measurement of Emotions by Facial Expression
7. Measurement of Leadership
8. Measurement of Aggression
9. Measurement of Altruism
10. Assessment of Social Support


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B.A. Pass Course Part-II

Session -2022- 23

PSHYCHOLOGY –**Scheme of Examination –**

Faculty	Max. Marks	Min. Passing Marks
Arts	200	72 (Th. 54 Pr. 18)

Paper	Nomenclature	Duration	Max. Marks
I	Psychopathology	3 Hrs.	75
II	Psychological Statistics	3 Hrs.	75
III	Practical	3 Hrs.	50


NOTE–

1. There will be three papers in Psychology. Each paper will be of 3 hours and would contain the entire course content of the paper.

Section A- will contain 10 questions of 20 words each. Each question will be of 1.5 marks. Thus, Part-A will be of 15 marks.

Section B – will contain 7 questions of 50 words each, out of which students are required to attempt 5 questions. Each question will be of 3 marks. Thus, Part-B will be of 15 marks.

Section C – will contain 3 long questions each with internal choice. Each question will be of 15. Thus, Part-C will be of 45


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1. For clarification the distribution of marks is tabulated as below :

Section	No. of Questions	Marks	Total
A	10	1.5	15
B	5 (out of 7)	03	15
C	3 (with internal choice)	15	45
Total Marks			75

2- Use of simple calculator will be allowed for statistical portions.


3. Various norm tables of F ratio, correlation, t test, χ^2 (Chi-square) etc. will be supplied by examination centre.

Paper- I

Psychopathology –

Section – A

- 1. Introduction** – Meaning of Normality and Abnormity, Characteristics of Abnormal Behaviour; Latest ICD and DSM Classification System.
- 2. Psychological Assessment**– Clinical Interview, Diagnostic Tests Intelligence, Neuropsychological, Personality; Behavioural and bodily Assessment.
- 3. Symptomatology and Etiology of Abnormal Behavior** : Cognitive, Conative and Affective Symptoms; Biological, Psycho-Social, Socio-Cultural, Causes.


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Section – B

4. **Anxiety Disorders** –Nature, Clinical Picture and Types: Generalized Anxiety and Panic disorder, Phobias and Obsessive Compulsive Disorder.
5. **Somatoform and Mood Disorders** : Nature, Clinical Picture and Types of Somatoform Disorders: Conversion Disorders and Hypochondriasis; Mood Disorders: Depression and Bipolar Disorder.
6. **Substance-Related Disorders:** Substance-Use and Substance-Induced Disorders; Alcohol-Related, Nicotine-Related and Sedative-Hypnotic / Anxiolytics-Related Disorders.

Section – C

7. **Schizophrenia-** Nature, Clinical Picture and Types.
8. **Clinical Intervention** – Psychoanalytic and Psychodynamic Therapies, Cognitive and Behaviour Therapy and Client Centered Therapy.
9. **Mental Health** – Meaning and Components, Factors Influencing Mental Health, Measures for Promoting Mental Health.

Books Recommended :

- Sarasan, I.G. and Sarasan, B. r. (2005) Abnormal Psychology, New Delhi Pearson Education.
- Lamm, A. (1971). Introduction to PsychoParthology N.Y. Sage.
- Buss, A.H. (1999), PsychoParthology, N.Y. John Wiley.
- अरुण कुमार सिंह (2002) : आधुनिक असामान्य मनोविज्ञान, दिल्ली, मोतीलाल बनारसीदास।


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Paper- II**Psychological Statistics –****Section – A**


1. **Introduction** – Nature and Scope of Statistics and Psychological Data; Application of Statistics in Psychology; Nature and Levels of measurement- Categorical and Continuous Variable.
2. **Frequency Distribution** : Drawing of Frequency Distribution . Bivariate Frequency Distribution, Graphical Representation of Grouped Data Histogram, Polygon.
3. **Measurement of Central Tendency** : Purpose and Types; Characteristics and Computation of Mean, Median and Mode.

Section – B

4. **Measures of Variability** : Concept and Uses; Characteristics and Computation of Range, Quartile Deviation, Average Deviation and Standard Deviation.
5. **Correlation**: Concept and Types – Pearson's Product Moment Correlation (for Ungrouped Data by Assumed Mean and Actual Mean); Spearman's Rank Order Correlations.
6. **Hypothesis Testing and Inference Making**: Population and Sample, Types of Sampling, Standard error of Mean, 't' test (Independent Group), Interpretation of 't' values, levels of Significance.

Section – C

7. **Non-Parametric Tests** – Nature Assumptions of Distribution-free Statistics; Chi Square, Equal Probability, 2x2 Contingency Table; Median Tests.
8. **ANOVA**- Purpose and Assumptions of ANOVA, One way ANOVA.
9. **Computer Analysis**: Preparation of Data, Uses of SPSS.



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Books Recommended :

- Broota K.D. (1992): Experimental design in behavioural research, Wiley Eastern, New Delhi.
- Minimum E.W., King B.M. and Bear G. (1993): Statistical Reasoning in Psychology and Education, New York, John Wiley.
- Siegel, S. (1994): Non-parametric Statistics, New York, MC Graw Hill.
- कपिल एच.के.: साँख्यिकी के मूल तत्व, आगरा, विनोद पुस्तक मन्दिर।
- भार्गव महेश, द्वारका प्रसाद एवं लाभ सिंह, मनोविज्ञान एवं शिक्षा में साँख्यिकी, हरप्रसाद भार्गव, कचहरी घाट, आगरा।

Paper – III**Practical –**

1. Assessment of Mental Health
2. Assessment of State and Trait Anxiety
3. Measurement of Depression
4. Measurement of Coping – Styles
5. Assessment of Family Parthology
6. Word – Association Test
7. Moudsley Personality Inventory (MPI)
8. Measurement of Adjustment
9. Stress : Measurement and Analysis of Group Data (t-test)
10. Sentence Completion Test


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B.A. Pass Course Part-III

Session -2022- 23

PSHYCHOLOGY –**Scheme of Examination –**

Faculty	Max. Marks	Min. Passing Marks
Arts	200	72 (Th. 54 Pr. 18)

Paper	Nomenclature	Duration	Max. Marks	
			Arts	Science
I	Positive Psychology	3 Hrs.	75	50
II	Psychological Testing and Assessment	3 Hrs.	75	50
III	Practical	3 Hrs.	50	50


NOTE–

1. There will be three papers in Psychology. Each paper will be of 3 hours and would contain the entire course content of the papers.

Section A- will contain 10 questions of 20 words each. Each question will be of 1.5. Thus, Part-A will be of 15 marks.

Section B – will contain 7 questions of 50 words each, out of which students are required to attempt 5 questions. Each question will be of 3 marks. Thus, Part-B will be of 15 marks.

Section C – will contain 3 long questions each with internal choice. Each question will be 15 marks. Thus, Part-C will be of 45 marks.


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For clarification the distribution of marks is tabulated as below :

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A	10	1.5	15
B	5 (out of 7)	03	15
C	3 (with internal choice)	15	45
		Total Marks	75

Paper- I

Positive Psychology –

Section – A

1. **Introduction** – Definition, Goals and Assumptions of Positive Psychology, Relationship with other Branches of Psychology.
2. Happiness, Meaning, Hedonic and Eudaimonist Viewpoint, positive and Negative Affect; Theoretical Viewpoints; Determinants and Sources; Authentic Happiness; Enhancement of Happiness and Well being.
3. Positive Cognitive State and Processes: Self-Efficacy, Optimism, Hope, Mindfulness, Flow and Spirituality.

Section – B

4. Virtues and Strengths of Character : Classification and Measures of Human Strengths, Gallup's Clifton Strength Finder; VIA Classification; Identifying Personal Strengths.
5. Resilience : Meaning and Sources; Developmental and Clinical Perspective; Successful Aging and Growth through Trauma.

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6. Self-Regulation and Self-Control : Meaning and Theories: Planning for Self-Regulation Success, Self-Regulation Problems-Goal Conflict, Goal Difficulty and Goal Disengagement.

Section – C

7. Mental Health and Well Being: Subjective Well-Being and Life Satisfaction, Social Well Being and Psychological Well-Being, Complete State Model.
8. Emotional Intelligence : Meaning, Components and Theories: Enhancement of Emotional Intelligence.
9. Pro-Social Behavior: EmParthy, Altruism, Gratitude and Forgiveness.

Books Recommended :

- Synder C.R. Lopez S.J. (2007), Positive Psychology, New Delhi: Sage
- Synder, C.R. Lopez S.J. (2005). Handbook of Positive Psychology, New York: Oxford
- Wong, P.T. and Fry. (1998) . The Human Quest for Meaning. Mahwah, New Jersey: Lawrence, Erlbaum.
- Baumgardner, S.....(2009). Positive Psychology New Delhi-Pearson Education.
- डॉ. जैन मधु, सकारात्मक मनोविज्ञान (2019) अमित पब्लिकेशन, जयपुर (राज0)


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Paper- II**Psychological Testing and Assessment –****Section – A**

1. Human Assessment : Nature and Scope
2. Theories of Measurement : Campbell's Theory, Steven's Contribution, Problems in Psychological Measurement.
3. Psychological Test Construction: Principles and Steps, Item analysis.

Section – B

4. Reliability: Meaning, Types and Methods of Calculating Reliability
5. Validity: Meaning, Types and Methods of Calculating Validity.
6. Norms: Meaning and Types of Norms.

Section – C

7. Types of Psychological Tests: Group and Individual, Verbal and Performance, Speed and Power Test, Rating Scales.
8. Application of Psychological Testing: Educational, Counselling and Guidance, Clinical and Organizational Setting.
9. Practical and Ethical Issues in Psychological Testing.

Books Recommended :

- Anastasi, A. (1997), Psychological testing, New York: MacMillan Co.
- Chadha, N.K.(2009). Applied Psychometry, New Delhi: Sage.
- Kaplan, R.M. and Saccuzzo, D.P. (2009) Psychological testing and Assessment. New Delhi: Cengage Learning.

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- डॉ. सिंह, अरुण कुमार (2002) : मनोविज्ञान में मापन एवं मूल्यांकन, मोतीलाल बनारसीदास, नई दिल्ली।

Paper- III

Practicals

1. Measurement of Subjective Wellbeing
2. Measurement of Forgiveness
3. Measurement of Emotional Intelligence
4. Measurement of Attributional Styles
5. Measurement of Resilience
6. Measurement of Intelligence (SPM)
7. Personality Assessment through HSPQ
8. Reaction Time
9. Mullar Lyer Illusion
10. Measurement of Level of Aspiration


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